



(SELF) MOTIVATE

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GYM BAG

# SNOWBOARDING

→ Stand out on the slopes, whether you're a newbie or a pro rider, with this powder-perfect gear. BY MEG LAPPE

PROP STYLING, RACHEL STICKLEY AT BERNSTEIN & ANDRIULLI

**1** This board's slightly serrated edge gives you more freedom on turns. **Beauty**, \$540; **Gnu.com**  
**2** Super warm, slim-cut pants are flattering, and the flexible fabric moves with you on all your runs. **Warrior**, \$270; **Obermeyer.com**  
**3** Rock a fun après beanie made from warm, breathable merino wool. **Oversized Pom Toque**,

\$75; **Canada-Goose.com**  
**4** Heated film inside the lenses of these scratch-resistant goggles helps keep them fog-free. **Stealth**, \$250; **Shop.Abom.com**  
**5** Record epic runs with this touchscreen video-camera hybrid, then share instantly with built-in Wi-Fi and Bluetooth. **Hero4 Silver**, \$400; **GoPro.com**

**6** Four-way stretch and side hooks on this soft sports bra equal a snug fit. **Lolë Zion**, \$55; **LoleWomen.com**  
**7** This lightweight coat pairs duck-down insulation with a waterproof shell to keep you toasty and dry in the snow. **Cascade Down**, \$250; **Obermeyer.com**

**8** The cozy—and waterproof—interior of these gloves reflects body heat, so hands stay warm. **HeatWave+ Shimmer**, \$64; **Seirus.com**  
**9** SPF 30 protects you from snow-reflected rays; fruit extracts nourish skin. **Mineral Crème**, \$30; **Sephora.com**  
**10** A cork insole supports arches and absorbs shock, while click-and-twist

closures stay secure. **Aura**, \$250; **Vans.com**  
**11** Clip your helmet on the bag's front loops and slip a board through the back; wide straps let you carry it all comfortably. **Women's Heli Pro DLX**, \$110; **Dakine.com**  
**12** This moisture-wicking base has a zip collar to let in air if you overheat. **C9 Champion Performance**, \$30; **Target.com/C9**



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# BARRE CLASS

→ *Plié and pulse your way to leaner legs, tighter abs and stronger arms with these soft, pretty essentials.* BY MEG LAPPE

- 1** Keep your lower half cozy with all-cotton leg warmers in pastel pink. **Chaines**, \$50; **SweatyBetty.com**
- 2** Perforated mesh and a deep V back make this tank feel light as air. **Bridge**, \$79; **Vimmia.com**
- 3** A sports bra that's also a statement piece, thanks to skinny straps and color blocking **Trace 2**, \$50; **AloYoga.com**

- 4** The wide waistband on these tights offers a snug, flattering fit (and prevents bunching as you move). **Calla Moto Tight**, \$70; **CallaStudio.com**
- 5** Whether your workout is on carpet or a mat, socks with no-slip grips hold feet steady while you rise to relevé. **Bellarina Full Toe**, \$16; **ToeSox.com**
- 6** Clean hands that have

- been holding a bar. **Lavender hand sanitizer**, \$5; **DrBronner.com**
- 7** A spritz of rose-petal-and-peony perfume will freshen you up for postclass brunch. **Adorn EDP**, \$24; **UrbanOutfitters.com**
- 8** Stow all of your gear in this lightweight nylon bag's six interior pockets. **Barre3 Medium Metro Tote**, \$215; **MZWallace.com**

- 9** BYO rubber ball to class (or pull it out for at-home reps) to target inner thighs and glutes. **White Rubber Exercise Ball**, \$12; **Shop.BarMethod.com**
- 10** This activity tracker with a sleek metallic accent records steps, calorie burn and sleep. **UP2 Classic Flat Strap**, **Violet Circle**, \$100; **Jawbone.com**

- 11** A spillproof nozzle makes this water bottle perfect for hydrating between sets. **12-ounce standard mouth**, \$22, and **insulated sport cap**, \$7; **Hydroflask.com**
- 12** Wrap yourself up in comfy cashmere after your cooldown to pamper tired muscles. **Shrunken Ribbed Raglan**, \$395; **LeoAndSage.com**